

# Do You See What I See?

## Seeing Children In Need Through a Trauma Lens

**T**rauma-informed care provides a new perspective on offering help. When we shift from asking "What is wrong with you?" to "What has happened to you?", this can reduce the blame and shame that some people experience when they receive assistance. It builds an understanding of how the past impacts the present, and it can be a first step toward healing and recovery. Trauma-informed care takes a partnership approach, where healing is led by the person being helped and is supported by the person offering assistance. Together, each learns from the other. There's greater respect, movement towards healing, and assistance that truly helps.

### Trauma-Informed Care For Children Workshop

Facilitated by Stacey Otto, LCSW as part of the "Hot Potatoes!" Series

**FREE** and for **EVERYONE** That Interacts with Children

(Educators, Family Members, Youth Leaders, Law Enforcement...)

Arrowhead Center for the Arts - December 9, 2016

#### 9am - 12 pm Topics:

- Trauma & Brain Development
- Hyperarousal
- Attachment Theory
- Start Discussion of School Intervention Strategies

#### 1pm - 4pm Topics:

- Resiliency
- Secondary Trauma/Burn Out/Compassion Fatigue
- Continuation of Discussion of Intervention Strategies and Scenarios

Lunch is on your own. Please RSVP by Nov. 28. To register or for more information, contact Hartley Newell-Acero at [Hartley@sawtoothmountainclinic.org](mailto:Hartley@sawtoothmountainclinic.org) or call 387-2330.

Moving from asking, "What's wrong with you?" to "What happened to you?"



**S**tacey Otto, LCSW earned her Master's degree in Social Psychology from Purdue University in 1990 and her Master's degree in Social Work from the University of Minnesota in 1996. She has been working or volunteering with abused children and their families for over 25 years. Since 1997 she has been employed at Winnebago County Department of Human Services as a clinical social worker providing individual and family counseling to children and families who have experienced trauma. In January 2015 Stacey created **Nurturing Connections**, a trauma informed service program that provides consulting, educational workshops and intervention services to children, families and professionals.



Cook County Public Health & Human Services

**Sawtooth Mountain Clinic**  
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