Breastfeeding: simply the best

COVID-19 & Lactation Resources

The following websites (except the final one) are updated frequently and contain multiple links to resources.

US Breastfeeding Committee:
Infant and Young Child Feeding in Emergencies, including COVID-19
http://www.usbreastfeeding.org/p/cm/ld/fid=33

Minnesota Breastfeeding Coalition:
COVID and Lactation: Resources
https://mnbreastfeedingcoalition.org/covid-19-and-lactation-resources/

International Lactation Consultant Association (ILCA):
Resources for Skilled Lactation Providers on COVID-19
https://ilca.org/covid-19/

La Leche League International:
Breastfeeding and Coronavirus
https://www.lilli.org/coronavirus-resources/

Breastfeeding Medicine:
Should Infants Be Separated from Mothers with COVID-19? First, Do No Harm - Allison Stuebe

Breastfeeding: simply the best

WABA | WORLD BREASTFEEDING WEEK 2020

Nurturing the Health & Wealth of Nations

- Breastfeeding is not only an investment in improving children’s health and saving lives, but also an investment in human capital development that can benefit a country’s economy.

- Breastfeeding is one of the best investments in global health: every $1 invested in breastfeeding generates $35 in economic returns.

- In China, India, Nigeria, Mexico and Indonesia alone, inadequate breastfeeding is responsible for more than 236,000 child deaths each year; in these countries, the estimated future economic cost of mortality and cognitive losses attributed to inadequate breastfeeding are estimated to be almost $119 billion per year.

- In order to meet the World Health Assembly target of increasing the percentage of children under 6 months of age who are exclusively breastfed to at least 50 percent by 2025, an additional $5.7 billion is required. This investment translates to just $4.70 per newborn.

- Greater progress is possible. With the right level of ambition and the right policies and investment, countries can fully realize the potential gains from breastfeeding.

https://www.who.int/nutrition/publications/infantfeeding/global-bf-collective-investment-case.pdf?ua=1
Upcoming Lactation Education and Events

March 30 - June 29, 2020 (Online) **Gold Lactation Online Conference**, [https://www.goldlactation.com](https://www.goldlactation.com)

May 18, 2020 (phone or webex) **Northland Breastfeeding Coalition meeting**, noon - 2:00 pm, for info to join email northlandbfcoalition@gmail.com

May 19, 2020 (Online) **Breastfeeding and Safe Sleep**, Great Lakes Breastfeeding Webinars, [www.mibreastfeeding.org/webinars](http://www.mibreastfeeding.org/webinars)

May 20 & 27, 2020 (Online) **Primary Care Breastfeeding Medicine Course for Physicians and other Providers**, [https://lacted.org/shop/webinar202005/](https://lacted.org/shop/webinar202005/)


June 3 & 17, July 1 & 22, 2020 (Online) **Breastfeeding Champion Training for Outpatient Breastfeeding Supporters Webinar**, [https://lacted.org/shop/webinar-obc-202006/](https://lacted.org/shop/webinar-obc-202006/)

June 16, 2020 (Online) **Breastfeeding Support for Survivors of Sexual Abuse**, Great Lakes BF Webinars, [www.mibreastfeeding.org/webinars](http://www.mibreastfeeding.org/webinars)

June 23 or 24, 2020 (Online - 3.5 hr) **Building Bridges for Breastfeeding Duration**, MDH Learning Center, [https://mn.elogiclearning.com/Default.aspx?IULkbscNAS79eG21TXuAyDYSGPq5g](https://mn.elogiclearning.com/Default.aspx?IULkbscNAS79eG21TXuAyDYSGPq5g)


July 21, 2020 (Online) **Social Support for Breastfeeding**, Great Lakes BF Webinars, [www.mibreastfeeding.org/webinars](http://www.mibreastfeeding.org/webinars)

July 27, 2020 (phone or webex) **Northland Breastfeeding Coalition meeting**, noon - 2:00 pm, for info to join email northlandbfcoalition@gmail.com

August 18, 2020 (Online) **Motivating and Equipping Fathers with Tools for Success**, Great Lakes BF Webinars, [www.mibreastfeeding.org/webinars](http://www.mibreastfeeding.org/webinars)

Ongoing (Online) **IBLCE CERP Provider Online Learning Program List**, [https://iblce.org/iblce-cerp-provider-online-learning-programmes/](https://iblce.org/iblce-cerp-provider-online-learning-programmes/)

“**If breastfeeding did not already exist, someone who invented it today would deserve a dual Nobel Prize in medicine and economics**”.
