

BREASTFEEDING: SIMPLY THE BEST

COVID-19 & Lactation Resources

The following websites (except the final one) are updated frequently and contain multiple links to resources.

US Breastfeeding Committee:

Infant and Young Child Feeding in Emergencies, including COVID-19
<http://www.usbreastfeeding.org/p/cm/ld/fid=33>

Minnesota Breastfeeding Coalition:

COVID and Lactation: Resources
<https://mnbreastfeedingcoalition.org/covid-19-and-lactation-resources/>

International Lactation Consultant Association (ILCA):

Resources for Skilled Lactation Providers on COVID-19
<https://ilca.org/covid-19/>

La Leche League International:

Breastfeeding and Coronavirus
<https://www.llli.org/coronavirus-resources/>

Breastfeeding Medicine:

Should Infants Be Separated from Mothers with COVID-19? First, Do No Harm - Allison Stuebe
<https://www.liebertpub.com/doi/10.1089/bfm.2020.29153.ams>



WABA | WORLD BREASTFEEDING WEEK 2020

Nurturing the Health & Wealth of Nations

- Breastfeeding is not only an investment in improving children's health and saving lives, but also an investment in human capital development that can benefit a country's economy.
- Breastfeeding is one of the best investments in global health: every \$1 invested in breastfeeding generates \$35 in economic returns.
- In China, India, Nigeria, Mexico and Indonesia alone, inadequate breastfeeding is responsible for more than 236,000 child deaths each year; in these countries, the estimated future economic cost of mortality and cognitive losses attributed to inadequate breastfeeding are estimated to be almost \$119 billion per year.
- In order to meet the World Health Assembly target of increasing the percentage of children under 6 months of age who are exclusively breastfed to at least 50 percent by 2025, an additional \$5.7 billion is required. This investment translates to just \$4.70 per newborn.
- Greater progress is possible. With the right level of ambition and the right policies and investment, countries can fully realize the potential gains from breastfeeding.

<https://www.who.int/nutrition/publications/infantfeeding/global-bf-collective-investmentcase.pdf?ua=1>



"If breastfeeding did not already exist, someone who invented it today would deserve a dual Nobel Prize in medicine and economics".

–Keith Hansen, the World Bank, The Lancet 2016

<https://www.who.int/nutrition/publications/infantfeeding/global-bf-collective-investmentcase.pdf?ua=1>



Upcoming Lactation Education and Events

March 30 - June 29, 2020 (Online) **Gold Lactation Online Conference**, <https://www.goldlactation.com>

May 18, 2020 (phone or webex)

Northland Breastfeeding Coalition meeting, noon - 2:00 pm, for info to join email northlandbfcoalition@gmail.com

May 19, 2020 (Online) **Breastfeeding and Safe Sleep**, Great Lakes Breastfeeding Webinars, www.mibreastfeeding.org/webinars

May 20 & 27, 2020 (Online) **Primary Care Breastfeeding Medicine Course for Physicians and other Providers**, <https://lacted.org/shop/webinar202005/>

June 2, 2020 (Online) **Why Do Mothers Supplement So Early?** Illinois Dept. of Human Services <http://www.springfieldul.org/page.aspx?item=13>

June 3 & 17, July 1 & 22, 2020 (Online) **Breastfeeding Champion Training for Outpatient Breastfeeding Supporters Webinar**, <https://lacted.org/shop/webinar-obc-202006/>

June 16, 2020 (Online) **Breastfeeding Support for Survivors of Sexual Abuse**, Great Lakes BF Webinars, www.mibreastfeeding.org/webinars

June 23 or 24, 2020 (Online - 3.5 hr) **Building Bridges for Breastfeeding Duration**, MDH Learning Center, <https://mn.elogiclearning.com/Default.aspx?IUlxbscNAS79eG21TXuAyDYSGPtg5g>

July 7, 2020 (Online) **Primetime: The First Hour**, Illinois Department of Human Services, <http://www.springfieldul.org/page.aspx?item=13>

July 21, 2020 (Online) **Social Support for Breastfeeding**, Great Lakes BF Webinars, www.mibreastfeeding.org/webinars

July 27, 2020 (phone or webex)

Northland Breastfeeding Coalition meeting, noon - 2:00 pm, for info to join email northlandbfcoalition@gmail.com

August 18, 2020 (Online) **Motivating and Equipping Fathers with Tools for Success**, Great Lakes BF Webinars, www.mibreastfeeding.org/webinars

Ongoing (Online)

IBLCE CERP Provider Online Learning Program List,

<https://iblce.org/iblce-cerp-provider-online-learning-programmes/>

Healthy Northland seeks to improve the quality of life and health of all people in northeastern Minnesota. This newsletter is made possible by the Minnesota Department of Health's Statewide Health Improvement Partnership.

Interested in receiving this newsletter? Contact yoditg@communityhealthboard.org

For more breastfeeding resources & information visit:

www.healthynorthland.org/resources/breastfeeding