Breastfeeding Continuity of Care

Mothers do not breastfeed for as long as they intend. Breastfeeding is optimal for infants and moms. Yet, a 2013 study showed that 60% of U.S. mothers said that they did not breastfeed as long as they intended.

Breastfeeding Community Continuity of Care is the process by which families are given consistent high quality breastfeeding education and support and adequate care coordination across all providers and service institutions within their community from the prenatal period through weaning.

Applying core concepts of improving healthcare systems throughout a community increases the likelihood of a family receiving the care and support they require to succeed. With continuity of care intact, communities will see an increase in breastfeeding rates and overall health outcomes for their community, both in the present and in the future.
“When families are not supported through their breastfeeding goals and experiences, negative outcomes of low rates of initiation, exclusivity, and duration are observed. In other areas of healthcare, we correlate low continuity of care to an increase of illness, accidents, and issues pertaining to safety. Recent studies report annual excess deaths attributable to suboptimal breastfeeding at 3,340 per year, with 721 of these being pediatric and medical costs totaling $3 billion; 79% being maternally related.”


Upcoming Lactation Education and Events

March 25, 2019 (Cloquet, MN) **Northland Breastfeeding Coalition meeting.** Noon - 2:00 pm. www.northlandbreastfeedingcoalition.org

March 25-29, 2019 (Chicago, IL) **Certified Lactation Specialist Course (CLSC).** https://lactationeducation.com/clsc

April 1-5, 2019 (Des Moines, IA) **Certified Lactation Specialist Course (CLSC)** https://lactationeducation.com/clsc

April 8-12, 2019 (Rochester, MN) **Lactation Counselor Training Course (CLC),** https://centerforbreastfeeding.org/register_lctc/

April 8-12, 2019, (Sioux City, IA) **Lactation Counselor Training Course (CLC),** https://centerforbreastfeeding.org/register_lctc/


May 7-8, 2019 (Minneapolis) **Excellence in Care with the Ten Steps.** To register: www.mhealth.org/lactationcourses.

May 15-16, 2019 (Des Moines, IA) **30th Annual Iowa Breastfeeding Conference,** http://www.iabreastfeeding.org/events

May 17, 2019 (Plymouth, MN) **6th Perinatal Hospital Leadership Summit.** For more information: https://mnbreastfeedingcoalition.org/

May 20, 2019 (Duluth, MN) **Northland Breastfeeding Coalition meeting.** Noon - 2:00 pm. www.northlandbreastfeedingcoalition.org

June 3-7, 2019 (Mitchell, SD) **Lactation Counselor Training Course (CLC),** https://centerforbreastfeeding.org/register_lctc/

Healthy Northland seeks to improve the quality of life and health of all people in northeastern Minnesota. This newsletter is made possible by the Minnesota Department of Health’s Statewide Health Improvement Partnership.

Interested in receiving this newsletter? Contact yodig@communityhealthboard.org

For more breastfeeding resources & information visit: www.healthynorthland.org/resources/breastfeeding

Breastfeeding: simply the best