Breastfeeding: simply the best

Breastfeeding Friendly!!

“Breastfeeding helps to improve the lifelong health of both babies and mothers. Supporting breastfeeding is one of the best public health investments we can make to improve health and well-being in Minnesota.” Dr. Ed Ehlinger, Minnesota Commissioner of Health, said in a press release from the Minnesota Department of Health (MDH).

In 2015, MDH started a breastfeeding friendly recognition program for maternity centers, child cares, workplaces and health departments. Applications and information may be found at: http://www.health.state.mn.us/breastfeedingfriendly

This MDH Breastfeeding webpage includes a map of recognized agencies and facilities. “We commend and strongly support Minnesota’s breastfeeding-friendly hospitals and other organizations that are helping to ensure that Minnesota’s children have a healthy start,” Dr. Ehlinger said.

Northland Breastfeeding Coalition also awards breastfeeding friendly businesses. Find more information at: www.northlandbreastfeedingcoalition.org.

NE MN 2016 MDH breastfeeding friendly workplaces
- Aitkin County Health & Human Services
- Koochiching County
- St. Louis County Public Health & Human Services

NE MN 2016 MDH breastfeeding friendly Health Departments
- Carlton County Public Health & Human Services

Northland BF Coalition breastfeeding friendly business awards
- Nummi Jewelers, Superior
- The Avenue Coffee House, Cloquet
- Maurices Corporate Office, Duluth
- St. Luke’s Hospital, Duluth
- Chiroway, Duluth
- United Health Care, Duluth
- Minnesota Power Corporate Office, Duluth
Upcoming Lactation Education and Events

November 3 & 4, 2016 (Milwaukee, WI) La Leche League of Wisconsin Continuing Education Event. Speaker Molly Pessl. For more information and registration http://lllofwi.org/


November 17, 2016 (Eau Claire, WI) NW WI Breastfeeding Network 2016 Conference, Speaker Dr. Jenny Thomas, sign up for email updates - http://tinyurl.com/bfconference2016

November 28, 2016 (Duluth, MN) Northland Breastfeeding Coalition meeting, 9:00 - 11:00 a.m., Essentia SMMC Duluth, www.northlandbreastfeedingcoalition.org


January 23, 2017 (Duluth, MN) Northland Breastfeeding Coalition meeting, 9:00 - 11:00 a.m., www.northlandbreastfeedingcoalition.org

January 30 – February 4, 2017 (Woodbury, MN) Lactation Management Course. For more information or to register contact Marilyn Hildreth at 605-691-5808 also see http://www.jmbirthconsultants.com/workshops/lactationcourses.html

March 20 - 24, 2017 (Madison, WI) Lactation Counselor Training Course (CLC) http://www.healthychildren.cc/

April 10 - 14, 2017 (Rochester, MN) Lactation Counselor Training Course (CLC) http://www.healthychildren.cc/


Healthy Northland seeks to improve the quality of life and health of all people in northeastern Minnesota. This newsletter is made possible by the Minnesota Department of Health's Statewide Health Improvement Program.

Would you like to receive this newsletter? Email yoditg@communityhealthboard.org